

SALEM, NH RECREATION

FALL PROGRAMS

2025

SEP 13

BOB KOCZAT
MEMORIAL
BASKETBALL
TOURNAMENT!

MORE INFO INSIDE!

ANNUAL
TRUNK OR
TREAT!

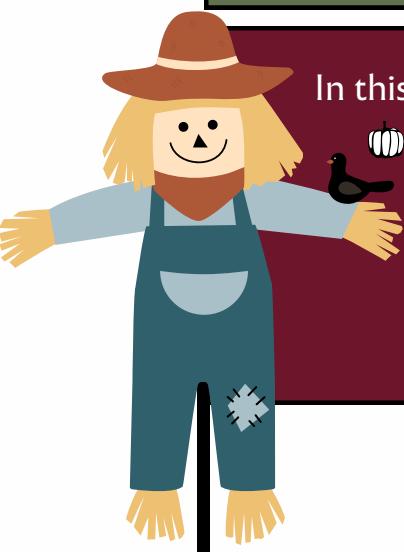
OCT 23

MORE INFO INSIDE!

In this brochure you will find:



Information on Adult,
Youth, Adaptive and other
Community Programming
by Salem, NH Recreation



SALEM
Community
Services
Department

Registration Open At:
Salemnh.myrec.com

Find Us at The
Ingram Senior Center

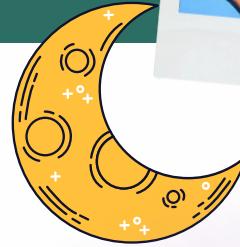


1 Sally Sweet Way
Salem, NH 03079

Monday-Thursday:
8:30AM-4:30PM
Friday:
8:30AM-3:30PM

Fall 2025

ADULT PROGRAMS



Adult Tennis Lessons

Beginner-Intermediate Tennis Lessons. All New Cardio Integration with Coach Molly Ratcliffe!

Saturday Mornings -
Michelle Memorial Park
August 30 to October 25

Session I - 8:30AM-9:30AM

\$60 Residents \$65 Non-Residents

Session II - 9:30AM-10:30AM

\$60 Residents \$65 Non-Residents

Dance Aerobics

Dance Aerobics with Instructor Marie Camaratta. Join Salem Recreation's "Show Stoppers" Ingram Senior Center
August 18 to October 23

Monday Session - 6:00PM-7:00PM

\$50 Residents \$60 Non-Residents

Thursday Session - 6:15PM-7:15PM

\$50 Residents \$60 Non-Residents

Tap Dance

Tap Dance with Instructor Marie Camaratta. Join Salem Recreation's "Show Stoppers"

Ingram Senior Center

August 18 to October 23

Beginner Monday's - 7:00PM-8:00PM

\$50 Residents \$60 Non-Residents

Advanced Thursday's - 7:15PM-8:15PM

\$50 Residents \$60 Non-Residents

Men's Volleyball 2025-2026

Drop in Men's Volleyball, Excluding Holiday's and other School Closures.

Lancaster Elementary School
Wednesday Evenings until May.

2025-2026 Season

\$20 Residents \$25 Non-Residents



Fall 2025

ADULT PROGRAMS



Men's Basketball 2025

Drop in Men's Basketball Excluding Holiday's and other School Closures.

Tuesday, Thursday Evenings,
Sunday mornings. Locations Vary

Men's 18-39y Basketball

\$15 Residents

\$25 Non-Residents

Men's 40+ Basketball

\$15 Residents

\$25 Non-Residents



Volunteer Opportunities

Salem Recreation is looking for a weekly/Bi-Weekly volunteer to support with Recreation and Conservation programming and marketing!

Applicants can email
jisabelle@salemnhanh.gov



Fall 2025

YOUTH PROGRAMS



Flag Football

Join 22.6 Athletics for Fall Flag Football!

8/17-11/16

Walmart Field

Fall Flag Football 8y-15y

\$140 Res \$150 Non Residents

Don't Miss Out!

Find Basketball Tournament,
Parents vs Kids Dodgeball and Trunk
or Treat on the Events Page!

Youth Tennis

Join Coach Tim for Tennis Lessons! We offer classes for littles, beginners and even high school level students.

Saturday and/or Sunday Sessions
9/6-10/26

Tennis for Littles (5y-7y)

11:30AM-12:30PM

Saturday Sessions

\$75 Res \$85 Non Residents

Sunday Sessions

\$75 Res \$80 Non Residents

Intermediate Tennis 8y-11y and 12y-17y

2:00PM-3:30PM

Saturday Sessions

\$115 Res \$120 Non Residents

Sunday Sessions

\$115 Res \$120 Non Residents

Intro to Sports

3 Years and Under!

9/4-9/25

Hedgehog Park

Morning Session

10:30AM-11:15AM

\$10 Res \$10 Non Resident

Evening Session

5:30PM-6:15PM

\$10 Res \$10 Non Resident

Intro To Track

5y-8y

9/8-9/29

Salem High School Track

4:30PM-5:30PM

\$25 Res \$25 Non Resident

Fall Tennis 8y-11y

12:30pm-2:00PM

Saturday Sessions

\$115 Res \$120 Non Residents

Sunday Sessions

\$115 Res \$120 Non Residents

Advanced Tennis 12y-17y

Tennis Lessons for Students at the Varsity Level only, students must have Coach Tim permission to register! Reach out to Juliann Isabelle, Jisabelle@salemnh.gov for more information.

3:30-5:30PM

Saturday AND Sunday Sessions

\$195 Residents \$200 Non Residents

Fall 2025

ADAPTIVE PROGRAMS



End of Summer Cookout!

Open to all
\$14 Per Person
Ingram Senior Center
August 23
2pm-4pm
Food from Red Robin!

Adaptive Soccer

Join Salem Recreation for Adaptive Soccer and Movement!

Walmart Field
5:30PM-6:30pm
9/9-10/7
\$25 Residents \$25 Non Residents

Adaptive Basketball

Join Salem Recreation for Adaptive Basketball!

Barron Elementary School
6PM-7PM
11/3-12-1
\$25 Residents \$25 Non Residents

Adaptive Floor Hockey

Join Salem Recreation for Adaptive Floor Hockey!

Barron Elementary School
6PM-7PM
2/2-3/2
\$25 Residents \$25 Non Residents



FALL EVENTS!



ADAPTIVE PROGRAMS END OF SUMMER COOKOUT!

\$14 PER PERSON
CATERING FROM RED
ROBIN
2PM-4PM
REGISTRATION OPEN
UNTIL 8/15

AUG
23

PARENTS VS KIDS DODGEBALL GAME!

\$10 REGISTRATION
(1 PARENT + 1 KID)
\$5 FOR ADDITIONAL KIDS AND
OR PARENTS

BARRON ELEMENTARY SCHOOL
5PM-6:30PM

OCT
4

BOB KOCZAT MEMORIAL BASKETBALL TOURNAMENT

OPEN TO ALL AGES
3V3 STYLE BASKETBALL
TOURNAMENT
\$10 PER PERSON.
REGISTER AS
INDIVIDUAL OR TEAM
HEDGEHOG PARK STARTING @ 9AM

SEP
13

TRUNK OR TREAT

OPEN TO ALL AGES

COSTUME CONTEST FOR
KIDS 10 YEARS &
UNDER!



INGRAM SENIOR CENTER @ 5:30PM

OCT
23